



Physical Education KS4 (GCSE)

Name of Exam Board	AQA	Coursework	You will also be tested in your ability to observe and analyse performance in a practical activity and apply the theory you have learned in planning an action plan for improvement. This will contribute 10% towards your final grade.
Link to specification	http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582		
Breakdown of units/topics covered	Applied anatomy and physiology Movement analysis Physical training Use of data Sports psychology Socio-cultural influences Health, fitness and well-being	Suggested reading or revision guides for GCSE	A textbook is provided for this course
How is the course assessed? % Coursework / Examination	The theory content of the exam will be examined in 2 exams lasting 1 hour and 15 minutes each and these will contribute 60% towards your final grade. The exams cover the full range of grades from 1 to 9.		
Practical Coursework	This will be worth 30% of your overall result. You will be assessed in three practical activities from a wide range of categories. At least one of these activities needs to be an individual sport. In order to be successful in this aspect of the course you will need to be playing or participating in at least one of your sports or activities regularly outside of school.		

