



PSHCE KS3

Year 7	Topic	What's Covered?
Unit 1	Starting Secondary School	Problems and worries in secondary school
Unit 2	Health & Wellbeing	Confidence & Self Esteem, Emotional Health, Physical activity and Health, First aid, Risk, Drugs, Cancer
Unit 3	Relationships	Team work, friendship, communication, Emotions, different types of relationships, Bullying, Discrimination, Habit, addiction.
Unit 4	Living in the Wider World	Core values, Goal setting, equal rights and opportunities.

Year 8	Topic	What's Covered?
	Health & Wellbeing	Attitudes, personal skills, personal hygiene, disease, risks, body image, eating disorders, drugs and alcohol, substance abuse.
	Relationships	E- Safety
	Living in the wider world	Differences, diversity, stereotyping, bullying, prejudice, enterprising, business basics

Year 9	Topic	What's Covered?
	Health and Wellbeing	FGM, unacceptable criminal acts across the world.
	Relationships	Marriage, civil partnership, bringing up children, commitment, relationship breakdown, divorce and depression, friendship, when should a relationship turn sexual? Consequences of sex, what constitutes rape? The law in regards to relationships, Sex in the media, sex terms and wording.
	Living in the Wider World	Human rights, British law, cultural and religious expectations, discrimination, learning styles, weaknesses and strengths in the classroom, different types of employment and which is best for who, the labour market, gambling, the use of money, budgeting.

